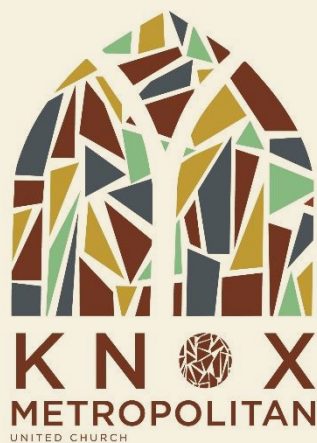


2018 Annual Report



Contents

Knox-Metropolitan United Church Leadership	4
Mission Statement.....	4
Proposed Agenda for Annual Congregational Meeting.....	5
In Memoriam 2018	6
Minutes of the Annual General Meeting of Knox-Met United Church	7
Minutes of the Congregational Meeting of Knox-Metropolitan United Church	13
Minister's Report	16
Report from the Board of Knox-Metropolitan United Church	18
Financial Report.....	21
Narrative Budget	21
2019 Budget with prior years' comparisons.....	22
Report of the Board of Trustees	24
Ministry Council.....	29
Administration Ministry.....	29
Use of Church Committee	30
Stewardship	30
Congregational Life.....	31
Pastoral Care 2018.....	31
Forever....In Motion.....	32
Food and Fun	32
Word, Worship, Music and the Arts 2018	34
Children and Youth Programming	36
Outreach and Social Action Ministry	37
Refugee Committee.....	38
Affirming Ministries Group	39
Book and Music Sale.....	40
Flea Market.....	40
Art, Craft and Trade Fair	41
Other Groups	42
Lumsden Beach Camp	42
Clare Parker Homes	43
The New Creed	44

Knox-Metropolitan United Church Leadership

Staff

Cameron Fraser – Minister

Hart Godden – Music Director

Janice Diemert – Administrator

Justin Prettyshield (until September 25, 2018), Aaron Balkaran (as of October 22, 2018) - Custodians

Vicki Nelson – Communications

Board of Directors

Board of Directors (until April 2018)

Carole Bryant (Past Chair)

Carol Schick (Chair)

Barbara Shourounis (Secretary)

Susan McLaren

Paul Clarke

Gary Seib (Presbytery Rep)

Laurie Ulmer (Presbytery Rep)

Bob Ivanochko

Board of Directors (after April 2018)

Carol Shick (Chair)

Carole Bryant (Trustees Rep)

Paul Clarke

Victor Lam (Acting Secretary)

Gary Seib (Presbytery Rep)

Laurie Ulmer (Presbytery Rep)

Elizabeth Ivanochko

Elizabeth Stroeder (Acting Secretary)

Mission Statement

Accepting the challenge of Christ's call to be His disciples we worship together, care for each other, welcome strangers and strive to be His living presences in our community.

Vision of Ministry

- 1) To explore and respond to the Calls to Action of the Truth and Reconciliation Commission Final Report
- 2) To engage young families, children and youth more fully in the life of the church
- 3) To continue to develop a congregational culture of welcome, hospitality, and support

Open Questions

- 1) What building design will support our future ministry?
- 2) How will we minister to those outside our walls in the downtown?
- 3) How shall we best engage with our financial resources to achieve the goals set out in the Future Plan?

Proposed Agenda for Annual Congregational Meeting

Sunday, May 5, 2019

- 1) Call to Order
- 2) Opening Prayer
- 3) In Memoriam and Minute of Silence
- 4) Election of chair/secretary of the Annual Congregational Meeting
- 5) Approval of Agenda
- 6) Minutes of Annual Congregational Meeting of April 15, 2018 and January 27, 2019 (JNAC)
- 7) Updates about On-Going Work of the Congregation
 - a) Being There When the Future Comes
 - b) Affirming Ministries Group
 - c) Discussion about keeping the Membership Roll up to date
- 8) Elections
 - a) Election of Officers, Board
 - b) Representatives to the Living Skies Regional Council
- 9) Reports
 - a) Minister
 - b) Chair of the Board
 - c) Financial Report
 - i) Financial Statements
 - ii) Proposed 2019 budget
 - iii) Appointment of Financial Reviewer
 - d) Board of Trustees
 - e) Ministry Council
 - i) Administration
 - ii) Congregation Life
 - iii) Outreach and Social Action
 - iv) Word, Worship, Music and the Arts
 - v) Children's Programming
 - f) Committees
 - i) Ministry and Personnel
 - ii) Refugee Committee
 - iii) Finance Committee
 - iv) Affirming Ministries
 - g) Other Groups
- 10) Other Business if necessary
- 11) Closing Prayer – A New Creed
- 12) Adjournment

In Memoriam 2018

Erwin Leslie Jones

Thomas Darryl Stickland

Gerald Put

Aaron Michael Macri

Norman John MacKenzie

Marguerite Anne McAuley

Pauline Elsie Tumac

Ralph Edward Smith

Barbara Allaire Leete Stange

Carol Jean Ortman

Mary Jean Parker

John Campbell Keeler

Marriages

Caleb Quinn Granat & Madeline Emily Lorna DeBolt

Laurence Albert Hanson & Karen Lynn Beke

Andrew Nathaniel Ellis & Shane Riley Stewart

Luke Wheaton McClellan & Nicole Renae Williams

Joseph Unterschute & Shawna Laverne Semaganis

Baptisms

Jace Antal Vandecamp

Sophie Bernadette Crittenden

Collins Mary Wilke

Kaysia Brenalie Abena Acquah

Emma Grace Dunlop

Zayne Hilding Hesterman

New Members

Shawn Heinz



Minutes of the Annual General Meeting of Knox-Met United Church

Sunday, April 15, 2018

1. Call to order

Carol Schick called the meeting to order at 12:10 PM

2. Declaration of quorum

Carol Schick stated that the Church's Governance Document requires the presence of 20 full members for meetings of the congregation. After asking for a show of hands of full members, she announced that there were about 30 full members were present. She therefore declared that there was a quorum for the meeting.

3. Welcome

Carol Schick thanked everyone who worked in the life of the Church. She recognized the work of Cameron Fraser and Cheryl Hymus in the Church, and offered congratulations on the arrival of their new son.

4. Opening prayer

Cameron Fraser said an opening prayer.

5. In Memoriam

We observed a minute of silence to remember those who passed away in 2017.

6. Election of Chair and Secretary

Moved/seconded by Stewart Graham/Joyce Wells that Carol Schick be elected as chair and Barbara Shourounis be elected as secretary of the meeting of the congregation. Carried.

7. Approval of agenda

"Motion for signing authority" was added to the agenda.

Moved/seconded by Wayne Tunison/Bill Quick that the agenda be adopted as amended. Carried.

8. Voting of adherents

Moved/seconded by Bonnie Morton/Susan McLaren that adherents of the Church be allowed to vote on all matters except those relating to election of members of the Board of the Church and the Board of Trustees. Carried.

9. Approval of minutes

Moved/seconded by Alison Stickland/Laurie Ulmer that the minutes of the annual general meeting held March 26, 2017 be adopted. Carried.

Carol Schick thanked Barbara Shourounis for her work as secretary of the Board for the past six years.

10. Financial report

a. Financial statements

Ian Wallace of the firm, MWC Chartered Professional Accountants LLP, explained the Church's financial statements. He said his firm reviewed that the statements for whether they were prepared in accordance with generally accepted standards for review engagements. Their firm gave a qualified report in that regard, because they were not able to verify the amount of non-investment revenues. This is usual for non-profit organizations.

He reviewed the following statements:

- statement of financial position which set out the assets of the church, presented in fund accounting format,
- the statement of operations,
- the statement of changes in assets which showed the change from the beginning of 2017 to the end of 2017, and
- the statement of cash flows.

Stewart Graham thanked Ian Wallace for his excellent presentation.

Moved/seconded by Keith Rever/Stewart Graham that the financial statements for the year ending December 31st, 2017 be accepted. Carried.

b. Budget for 2018

Carol Schick presented the narrative budget and the detailed financial budget for 2018.

Moved/seconded by Keith Rever/Bonnie Morton that the budget be adopted. Carried.

c. Appointment of auditor

Moved/seconded by Sheleene Ross/Alison Stickland that the firm of MWC Chartered Professional Accountants LLP be appointed to prepare a review engagement report of Knox-Metropolitan United Church's financial statements for fiscal 2018. Carried.

d. Appointment of signing officers

Moved/seconded by Bonnie Morton/Victor Lam that the signing officers for the next year be the following:

Chair of the Board
Vice-chair of the Board
Past chair of the Board
Treasurer
Chair of the Administration Ministry.
Stuart Mann
Joan Garden
Bill Perkins

The motion was carried.

11. Minister's Report

Cameron Fraser presented his minister's report. He said highlights for the past year including participating in the United Church's new Explorers program, the engagement of Vicky Nelson to restart the communications program and the move to the United Church's new governance structure. Moved/seconded by Victor Lam/Bob Ivanochko that Cameron Fraser's report to be accepted. Carried.

12. Chair's report

Carol Schick spoke about her first year as chair of the Board. It was her pleasure to work toward the new direction that the Church is taking with so many wonderful people. She thanked Cameron Fraser for his leadership as minister. She also thanked the following people who have stepped down from their positions in the past year:

- Alison Stickland. as chair of the Board of Trustees,
- Ethia Brown. as chair of the Congregational Life Ministry
- Bob Ivanochko. as chair of the Outreach and Social Action Ministry,
- Marlene Hall. as chair of the Christian Education Ministry and her long-time role as Sunday School teacher, and
- John Keeler, as treasurer.

Moved/seconded by Carol Schick/Marlene Hall that the chair's report to be accepted. Carried.

13. Board of Trustees

a. Report

Alison Stickland presented the annual report from the Board of Trustees.

Moved/seconded by Alison Stickland/Joyce Wells that the report be accepted. Carried.

b. Resolution to remove members

Moved/seconded by Alison Stickland/Joyce Wells that, there being no indication that John Keeler was, at the time of his resignation on February 18, 2018, liable for payment of any indebtedness in respect of property of the congregation of Knox-Metropolitan United Church, and thus no need for him to be indemnified by the Church against such liability, and there being no other reason for not accepting his resignation from the office of trustee, John Keeler's resignation be hereby accepted and he be removed from the office of trustee. Carried.

Moved/Seconded by Alison Stickland/Evelyn Gay that there being no indication that Ethia Brown was, at the time her for her resignation on November 20, 2017, liable for payment of any indebtedness and respect of property of the congregation of Knox-Metropolitan United Church and thus no need for her to be indemnified by the church against such a liability, and there being no other reason for not accepting her resignation from the office of trustee, Ethia Brown's resignation be hereby accepted and she be removed from the office of trustee. Carried.

c. Appointment of Carole Bryant to the board of trustees

Moved/seconded by Alison Stickland/Elizabeth Stroeder that:

Whereas Carole Bryant has been a member of Knox-Metropolitan United Church for 43 years and has served in many capacities in the Church; and

Whereas she possesses many professional and educational qualifications and designations; and

Whereas she has held senior positions with many organizations;

Whereas she would be a valuable asset as a trustee:

Carole Bryant be appointed as a trustee of Knox-Metropolitan United Church. Carried.

14. Ministry reports

Moved/seconded by Bonnie Morton/Keith Rever that the reports of the following ministries be accepted:

- Administration,
- Congregational Life,
- Outreach and Social Action, and
- Word, Worship, Music and the Arts.

Carried.

15. Committee reports

Moved/seconded by Susan McLaren/Joyce Wells that the reports of the Ministry and Personnel Committee and the Refugee Committee be accepted. Carried.

16. Other groups

Peter Gilmer of the Regina Anti-Poverty Ministry spoke. He gave thanks for the Church's support and for providing office space for the Ministry. He spoke about a proposal for an anti-poverty act and described what the act is to accomplish. He spoke about the mission of the Anti-Poverty Ministry and its regular activities. He also spoke about issues that their clients are facing, mostly due to government cuts.

Moved/seconded by Stewart Graham/Bob Ivanochko that the congregation accept the reports of the following groups:

Wascana Presbytery
Regina Anti-Poverty Ministry
Clare Parker Homes
Affirming Ministry
Regina Bell Ringers
Book sale/flea market/art sale
Saint Andrews seniors lunch group

The motion was carried.

17. Elections

Gary Seib presented the report of the nominating committee. He nominated Elizabeth Ivanochko and Elizabeth Stroeder for election to the Board of Knox-Metropolitan United Church. He then called three times for further nominations and there were none.

Moved/seconded by Cathy Currey/Wayne Tunison that nominations cease. Carried. Elizabeth Stroeder and Elizabeth Ivanochko were therefor elected by acclamation.

Moved/seconded by Gary Seib/Victor Lam that Gary Seib be elected as a Presbytery representative and as a Board member and that Laurie Ulmer be elected as a Presbytery representative. Carried.

Moved/seconded by Marlene Hall/Susan McLaren that Sheleen Ross be elected to the Ministry and Personnel Committee. Carried.

Carol Schick thanked Gary Seib for his work on the nominations committee.

18. Amendment to Governance Document

Alison Stickland, as member of the Financial Resources Committee, spoke to the proposed amendment to the Governance Document to create a new Finance Committee which would report to the Board and be responsible for overseeing the finances of the Church.

Moved/seconded by Alison Stickland/Victor Lam that the Church's Governance Document be amended:

- a. by adding new section 5.7.6.4 as follows:

5.7.6.4 Finance Committee

The Finance Committee oversees the finances of the congregation and is responsible for:

- a. overseeing the finances of the congregation;
- b. preparing an annual budget for presentation to the board and congregation at its annual meeting;
- c. ensuring that independently reviewed financial statements are prepared for presentation to the congregation;
- d. monitoring spending during the year and reporting to the board;
- e. planning for year-round stewardship and fundraising initiatives; and
- f. doing long range financial planning and forecasting.

The members of the Finance Committee are:

- a. the treasurer;
- b. two to four people elected by the congregation;
- c. a member of the Administration Ministry designated by that ministry; and
- d. a member of the Board of Trustees designated by the board.

- b. that Section 5.7.7.1 of the Governance Document relating to the Administration Ministry be amended by repealing clause (a) of that section which relates to responsibilities for financial matters.

The motion was carried.

19. Election of members of the Finance Committee

Gary Seib reported that the Board of Trustees had designated David Calem to be that Board's designate on the Finance Committee. The Administration Ministry will designate someone from their ministry to also serve on the new Finance Committee.

Moved/seconded by Gary Seib/Bob Ivanochko that the following to be elected as members of the Finance Committee:

Debra Burnett
Ray Lutz
Karen Haggman

The motion was carried.

20. Update from the EDGE Network

Tracy Murton of the EDGE Network reported on the results of the six table talk conversations that happened during Lent. She gave an overview of the results and said that a detailed report will come later.

Cameron Fraser spoke about how this initiative fits with what we are already involved with including becoming an Affirming Ministry, the joint needs assessment process, and the building design initiative.

He said that a project concept and design for renovation of the building prepared Meraki Design Group along with a report is due in May. It will be presented to the congregation.

In the process of deciding what kind of organization that we want to be, the next step is to engage with community groups to find out if they want to come together with us.

21. Adjournment

Moved by Stewart Graham that the meeting be adjourned. The meeting then adjourned at 2:20 PM.

Minutes of the Congregational Meeting of Knox-Metropolitan United Church

Sunday, January 27, 2019

Call to Order

Carol Schick, Chair of the Board, called the meeting to order at 12:07p.m. and welcomed everyone in attendance. Cameron Fraser, Minister, recused himself from the meeting at this time. It was noted that Rev. Christa Eidsness and Pam Norman attended the meeting as Liaisons to the Regional Council Pastoral Relations Commission. Their presence serves to witness and authorize due process in accordance with requirements of the Regional Council.

Declaration of Quorum

Carol Schick explained that the Church's Governance Document states that 20 full members constitutes quorum for congregational meetings. After a count of members present, she declared that there was quorum for the meeting; she called this duly constituted meeting. (A list of all in attendance is included at the end of this document.)

Election of Secretary

Moved/Seconded by Cathy Currey/Bonnie Morton that Elizabeth Stroeder be elected as secretary for this meeting. Carried.

Adherents' Ability to Vote

Moved/Seconded by Barbara Shourounis/Dan Coggins that Adherents be allowed to vote during this meeting. It was noted by the Chair that Vicki Nelson abstain from voting on Motion #3.

Opening Prayer

Carol Schick said an opening prayer.

Approval of Agenda

Carol Schick thanked the members of the Joint Needs Assessment Committee (2018) for their service. Members of this committee were:

Paula Ricci (Chair of the JNAC)

Elizabeth Calam

Bruce MacDonald

Kate Johnson

Chantel Poisson-Fast

Moved/seconded by Marlene Hall/ that the agenda be adopted. Carried.

Board Recommendations

Carol Schick read the four Board Recommendations pertaining to the JNAC Report (2018). Prior to voting on these motions, she invited comments and/or questions from those present.

The following are the Recommendations presented in the JNAC Report and that the Board recommends to the Congregation:

1. We recommend keeping one full-time minister who will act both in the function of spiritual leader/companion/instigator while also being a major change/vision sponsor. Our minister will work collaboratively within the church with Staff, Board, Ministries and Committees; within the broader United Church; and within the Community outside the church as we seek to re-imagine and re-design Knox-Metropolitan United Church as a flourishing, sustainable ministry that is a vital part of the downtown neighbourhood.
2. In order for one full-time minister to serve Knox-Metropolitan United Church, they need support. We recommend hiring additional part-time personnel to assist the current minister.
 - i. A Communications Support Staff which is currently staffed by Vicki Nelson and is 5-10 hours per week. We recommend that we carry on with this arrangement.
 - ii. A Sunday Coordinator for Children and Youth programming. This would be an average of 8-10 hours per week.
3. We recommend that we continue to work with outside organizations (such as EDGE Network, and 1080 Architecture and Planning + Interiors) to help us achieve our visions of a vibrant and sustainable future.

Motion #1: Moved/Seconded by Bonnie Morton/David Calam that the Congregation accept Recommendation #1 of the JNAC Report. Carried (1 opposed).

Motion #2: Moved/Seconded by Bonnie Morton/Marlene Wirachowsky that the Congregation invite Cameron Fraser to continue his appointment to the position of Minister as described within the JNAC Report. Carried.

Motion #3: Moved/Seconded by Carole Bryant/Elizabeth Calam that the Congregation accept Recommendation #2 of the JNAC Report. Carried. (2 opposed)

Motion #4: Moved/Seconded by Barbara Shourounis/Dan Coggins that the Congregation accept Recommendation #3 of the JNAC Report. Carried.

Motion to Adjourn

Moved by Bonnie Morton at 12:56 p.m. that this Congregational Meeting be adjourned. Carried.

Congregational Members and Adherents Present at this Congregational Meeting:

Greg Bamford
Christie Fessler
Dan Coggins

H. Ann Hall
Micaele Johnson
Dorothy Kittleson

Joyce Fraser
Christa Eidsness (Region 4)
Madison Norman-Gray

Karen Haggman
Vernon McCarthy
Liz Ivanochko
Marlene Hall
Evelyn Gay
Paula Ricci
Olga Put
Hans Eckhart
Ethia Brown
Marlene Wirachowsky
Cathy Currey
Bonnie Morton
Bev Lundahl
Donna Jones
Bonnie Jones

Sandra Etter
Susan Etter
Gilda Treleaven-Graham
Garth Solar
Haydir Legesse
Nahed Asemblash
Donnie Wood
Tonny Batte
Hart Godden
Bill Johnson
Joey Reynolds
Kate Johnson
Joe Stroeder
Vicki Nelson
Hillary Aitken

Heather Berriault
Mari-Anne Berriault
Pam Norman (Region 4)
Donna Nelson
Alison Stickland
Carole Bryant
Elizabeth Calam
David Calam
Gary Seib
Barbara Shourounis
Ev Mazurkie
Julian Wotherspoon
Tracy Jinks
John Jinks

Minister's Report



This report is being written around Easter of 2019, which is an interesting time to reflect back on Ministry in 2018, and the newness and possibilities that arose during that time. 2018 saw many new faces on Sunday mornings, an overall increase in attendance and giving, and a growing diversity within the demographics of the congregation.

We continued to interface with the community through events like the Labyrinth Walks, Unsettling Ideas with the Saskatchewan Writer's Guild, and Beat the Christmas Rush open Sanctuary times.

Being There When the Future Comes and our work with the EDGE Network for Ministry Development led us through 6 weeks of congregational conversations in Table Talk Groups, a Congregational Evening of Visioning and Imagining the Future, and a Community Conversation in which we welcomed 60 individuals from 45 different community organizations to discuss the possibilities of this building being re-imagined as a church that also functions as an inclusive, justice and community-focused centre of community and arts and connection. The work with 1080 Architecture will be on hold until we are able to produce a compelling business plan that shows a sustainable model of operations, and a vision to be considered by the congregation. All of this work is challenging old paradigms and considering imaginative options, and while there are great examples from across the country as we have seen, there is no template.

Beyond the Unsettling Ideas Book Club, we participated in tangible acts of Reconciliation through providing indoor spaces for public vigils as Indigenous communities gathered with non-Indigenous supporters to express sadness, grief, and frustration in the wake of verdicts in the Stanley and Cormier cases, and to express continued love for Colton Boushie and Tina Fontaine.

Easter of 2018 was a unique one for my family as we welcomed baby Oliver at almost 9:00 pm on Holy Saturday – I am thankful to those who took on leadership of Easter Sunday worship in my absence.





The year ended with spectacular Advent services, and Christmas Eve Celebrations including our busiest yet edition of Follow Yonder Star in which the Artesian was wondrously, chaotically full and I got to introduce my new favourite nativity pun!

2019 will see us develop a part-time position for Children and Youth Program, and our ministry together mark 5 years (I arrived in May 2014) which means that I am eligible for a Sabbatical. I will be connecting my holidays (1 month) to my sabbatical (3 months) and being away from July 1, 2019 to

November 1, 2019. A plan for ministry coverage is being developed and will be shared at the Annual Meeting.

I look forward to my time of learning and growing through this and am excited to share learnings with the congregation. I am also excited for the congregation to experiment and hone your vision of ministry accompanied by different voices in the pulpit – we will all be richer for this time when we come back together and gather around the Communion Table on All Saints Sunday.

In the meantime, let's continue to ponder, wrestling with and imagining how we are embodying ancient tradition in authentic and creative ways into our lives, our community and our breathlessly beautiful yet crying for healing, broken world. My thanks to you all as fellow ministers, the rest of the Knox-Met staff and all those who have invited me to play a role in your faith and lives this year.

Sincerely,

Cameron Fraser – Minister – Knox-Metropolitan United Church



Report from the Board of Knox-Metropolitan United Church

Submitted by Carol Schick, Chair

On behalf of the Board Members, I am pleased to present the chair's report to the congregation of Knox-Met United Church. The Board meets monthly and receives updates from the Ministry Council and the minister; it reviews financial reports and consider recommendations from the ministries and board of trustees. The focus of Board comes from the "open questions" that it considers for three or more years. Highlights from four major events of the past year indicate how the Board has engaged the congregation in the following on-going and not-yet-answered open question: As a faith community, what does it mean to be there when the future comes?

Event #1 February 18-March 25, 2018 - Table Talk Conversations

This was a 6-week process in which we gathered the reactions and feedback from congregational members regarding the present state, on-going initiatives and future hopes at KMUC. For the organization and success of this initiative, the Board received important support from Tracy Murton of the EDGE Network. Following worship during coffee hour, 2 or 3 questions were put out on each table for each of six weeks. Congregational members entered into conversations in response to the prepared questions as a recorder at each table gathered the information.

The process was an opportunity for the congregation members to discuss important issues in a focussed way. The outcome provided the Board with information for planning on-going initiatives. At the conclusion of the 6 weeks of conversations, these are the themes and ideas that are important to the congregation in one way or another.

Mission and justice outreach

Church identity and music connections

Collaboration and partnerships

How and why of welcoming

Worship opportunities

Vision

Strong leadership

Event #2 June 24, 2018 - The schematic design report

The Board invited the congregation to view the schematic design report from its Building Design Committee that was tasked with answering the open question of "What building design will support our future ministry?" These schematic designs were created by Meraki Design Group as the completion of the second of five proposed phases for the facilitation of the building revitalization of the church. At this highly anticipated event, more than 60 people viewed the drawings and images posted around the lower hall. The images sparked many conversations about what the potential might be for the development and future prospects of our building. The concepts displayed in these schematic drawings were offered for information and discussion only. No decisions were made.

The Board stressed that with these conceptual building designs, the process had come as far as it could, given the scope of the decisions that such future initiatives would require. The next steps (see Event #4 to follow) would investigate how KMUC might find partners and supporters to help us become a thriving church and hub of community and arts activities. The point was well made that conversations, questions and decisions on the part of the congregation are paramount to this process.

Event #3 August 28, 2018 - A Summer Retreat

This evening event saw upwards of 45 congregation members coming together for a pot-luck and summer retreat to recognize and consider the progress the church has made in fulfilling its mandate of the Future Planning Report adopted by the congregation in 2012. The congregation was asked to consider whether and how KMUC was more like the aspirations and goals outlined in the Future Planning Report than when the report was written.

Posted around the room were itemized lists of the many changes and innovations that have taken place in the past six years. These are the general areas of greatest achievement:

Children, Youth, and Family Promotion

Community Connections

Improvements to the Building

Reconciliation Activities

Communications and Social Presence

Spirituality Programming & Worship Support

Governance and Organizational Development

From the discussion in large and small groups, participants enthusiastically declared what they most appreciated in the innovations of the past six years. There was a clear expression that much has gone well since incorporating the direction of the Future Planning Report.

It was acknowledged that the changes taking place at Knox-Met are not only for the purpose of satisfying the present wants and/or needs. Combined with the core strengths, the innovations and changes will enable us to be there when the future comes, both for ourselves and for others who are yet to come. Participants were left with this final question: What steps will/can you take as an individual member of the congregation, in practice and/or in heart, that will help us realize the vision of our future church?

Event #4 November 20, 2018 - Community Round Table

Over 55 people invited from the Regina community attended the Round Table at KMUC. They included representatives from renters, faith communities, local businesses, not-for-profit agencies and arts organizations. This morning event was an opportunity for community stakeholders to hear about the visioning process Knox-Met has undertaken over the past few years, and to explore how partnerships might be formed to build a vibrant, more just, more connected neighbourhood and city. Participants answered designated questions and members from the congregation served as recorders for the conversations.

The invited guest appreciated the direction KMUC was taking to build connections, to think outside the box, and to imagine new ways of engaging with our location on Lorne and Victoria. The majority of participants indicated an interest in ongoing conversation, a response that highlights the significance of this project for the community, as well as for our congregation of Knox-Met.

Affirming Ministry

This Ministry is supporting KMUC as it considers the question of whether to become an Affirming Ministry. Over the past year, the committee has provided information in the bulletin about what it means to be an inclusive and justice-seeking congregation. The committee also listens to the voices of the congregation in this on-going process. The work of the committee will continue in 2019 by hosting guest speakers and congregational conversations.

Ministry Members: Karen Haggman, David Cawood, Monique Poisson-Fast, Julian Wotherspoon, Aaron Balkaran, Gary Seib, Carol Schick

Finance Committee

At the AGM of 2017, the creation of a separate Finance Committee was approved by the congregation. This new Committee reports to the Board and, among other duties, advises the Board on spending. Thanks to the Administration Ministry, a representative from the Board of Trustees and the dedication of the committee members, the on-going transition to this new structural arrangement has been successful. The budget of 2019 is the first of many that will be prepared by future Finance Committee members.

Committee Members: Debra Burnett, David Calam, Karen Haggman, Roy Lutz, Phyllis Perkins

In closing, I wish to recognize the many people who have volunteered at our church throughout the past year. They have done so in many obvious and many behind-the-scenes ways that have allowed us to go on being a church. They are members of ministries, staff, named and unnamed committees, doers of odd jobs and occasional helpers. All they have done has been necessary. Thank you to each person.

Finally, we continue to grieve the loss of our long-serving treasurer and dear friend, John Keeler, who died this past year. Even if we find another treasurer, John will never be replaced.

Knox-Metropolitan United Church - Narrative Budget 2019

Expenses - in 2019, we will need approx. \$484,750 to fulfill our vision & ministry.

Staff and Personnel - 60% - \$292,850

Our Staff and Personnel animate much of our vision and ministry through the planning and leading of Sunday Services, the management of the day-to-day runnings of the building and supporting the programming and ministry efforts of our volunteers. We are blessed to have a robust staff team - Minister, Director of Music, Office Administrator, and 2 caretakers (one full-time & one evenings and weekends) as well as part time Communications Support Position. In 2019 we will be introducing a new position to Coordinate Children and Youth Programming which we hope to have in place by summer/fall of 2019 to increase our offerings to this growing area of ministry.

Administrative Costs - 35% - \$167,300

Our building at the corner of Victoria and Lorne is a landmark in downtown Regina, described as a 'jewel in our urban landscape'. We have a multi-purpose building that requires constant upkeep to keep it safe and inviting while, rental of our space brings in needed income. Repairs and upgrades are completed to increase energy efficiency and to make the space better meet our needs as a congregation and the needs of the community. Expenses also include insurance, office supplies, advertising and our contributions to the work of the broader United Church of Canada.

Ministries and Programming - 5% - \$24,600

Worship (Word Worship Music and the Arts) - Worship and music fill us with awe and connect us to God to fuel our individual and collective work in the world. Weekly worship and special celebrations are a major focus of our staff and volunteer time.

Learning (Christian Education) - We explore questions of faith in a variety of ways - Sunday School, youth confirmation and adult study groups and learning events

Caring (Congregation Life and Pastoral Care) - Through Coffee times, social events, hospital visits, arranging transportation and much more, we care for each other through life's ups & downs.

Reaching Out (Outreach, Social Justice & Refugee Sponsorship) - We raise awareness about issues of great importance, work to welcome refugees, and offer support to groups locally, nationally and internationally.

Partnering - We work with like-minded organizations to pursue common goals, such as the *Regina Anti-Poverty Ministry, Lumsden Beach Camp, the Ethiopian Refugee Support Association and more.*

Innovating - We seek to be church relevant to modern needs through special events like our Labyrinth Walks, Exploring Spirituality Series, Special Speakers and Community Lectures and more.

Income - in 2019 we expect \$301,600 from a variety of sources:

Envelope Offerings & PAR -	53% - \$160,000
Rental Income -	22% - \$66,400
Donations & Grants-	11% - \$33,000
Fundraising -	7% - \$20,000
Loose/Occasional Offerings -	6% - \$17,000
Miscellaneous -	1% - \$5,200

In 2019 we plan to transfer up to \$183,150 from our investments to cover operating expenses. We will be working on long-term budgeting to reduce this amount.

2019 Budget with prior years' comparisons

REVENUES:	Actual - 31/12/2017 (12 months)	2018 Budget	Actual - 31/12/2018 (12 months)	Operating 2019 Budget
Envelope/PAR Offerings	\$ 177,088	\$ 180,000	\$ 154,751	\$ 160,000
Loose Offerings	\$ 16,547	\$ 16,500	\$ 16,980	\$ 17,000
Special Gifts - Initial Envelopes	\$ 275	\$ 400	\$ 180	\$ -
Special Gifts - Easter, Christmas	\$ 1,142	\$ 950	\$ 7,576	\$ -
Taxi Fund	\$ -	\$ 50	\$ -	\$ -
Donations/Grants	\$ 17,141	\$ 20,000	\$ 31,857	\$ 33,000
Fundraising	\$ 20,453	\$ 20,000	\$ 20,716	\$ 20,000
Other Revenue Sources	\$ 5,225	\$ 3,000	\$ 4,339	\$ 4,000
Rentals / Weddings	\$ 68,676	\$ 71,800	\$ 63,539	\$ 66,400
GST Rebate	\$ 2,807	\$ 2,000	\$ 1,105	\$ 1,200
Total Revenues	\$ 309,354	\$ 314,700	\$ 301,043	\$ 301,600

EXPENDITURES:

Personnel:

Salaries	\$ 175,841	\$ 215,000	\$ 176,226	\$ 225,750
Employee Benefits	\$ 27,253	\$ 30,000	\$ 24,990	\$ 27,000
KMUC Portion CPP & EI	\$ 11,224	\$ 15,000	\$ 10,078	\$ 12,000
Housing	\$ 18,000	\$ 18,000	\$ 18,000	\$ -
Sub Total	\$ 232,318	\$ 278,000	\$ 229,294	\$ 264,750
Car Allowance	\$ -	\$ 1,000	\$ 306	\$ 1,000
Telephone Allowance	\$ 780	\$ 800	\$ 650	\$ 800
Learning Resources & Books	\$ 2,300	\$ 2,300	\$ 2,787	\$ 2,300
Casual Staff	\$ 13,974	\$ 12,000	\$ 22,390	\$ 23,000
Workers' Compensation	\$ 997	\$ 1,100	\$ 629	\$ 1,000
Total Personnel Expenditures	\$ 250,369	\$ 295,200	\$ 256,056	\$ 292,850

Ministries & Programs:

Christian Education	\$ 1,435	\$ 1,500	\$ 2,685	\$ 3,000
Congregational Life	\$ 1,905	\$ 2,000	\$ 1,681	\$ 2,000
Outreach & Social Action	\$ 2,000	\$ 3,000	\$ 2,830	\$ 2,300
Program Planning	\$ 8,411	\$ 10,000	\$ 9,707	\$ 10,000
Partnership Initiatives	\$ 5,000	\$ -	\$ -	\$ -
Donations (Qualified Donees)	\$ 706	\$ 750	\$ 459	\$ -
Word, Worship, Music & Arts	\$ 4,388	\$ 7,000	\$ 5,124	\$ 7,300
Benevolence / Good Samaritan	\$ 75	\$ 250	\$ 492	\$ -

Total Ministries & Programs Expenditures	\$ 23,920	\$ 24,500	\$ 22,978	\$ 24,600
Administration:				
Caretaking Supplies	\$ 11,013	\$ 12,000	\$ 8,866	\$ 12,000
Insurance	\$ 10,618	\$ 14,000	\$ 12,886	\$ 14,000
Organ/Piano Repair & Maintenance	\$ 1,808	\$ 2,500	\$ 61	\$ 2,500
Presbytery Assessment	\$ 17,582	\$ 18,000	\$ 17,364	\$ 15,000
Repairs & Maintenance	\$ 32,889	\$ 35,000	\$ 54,442	\$ 47,000
Building Improvements	\$ -	\$ -	\$ 30,590	\$ -
Furniture Purchases	\$ -	\$ -	\$ -	\$ 3,000
Telephone	\$ 5,327	\$ 6,000	\$ 4,996	\$ 5,500
Utilities	\$ 22,074	\$ 30,000	\$ 33,468	\$ 36,000
Total Administration Expenditures	\$ 101,311	\$ 117,500	\$ 162,673	\$ 135,000
General Office Expenses:				
Advertising & Communications	\$ 3,488	\$ 5,000	\$ 4,182	\$ 6,000
Bank Fees & Other Charges	\$ 661	\$ 1,000	\$ 872	\$ 1,100
IT Services	\$ 822	\$ 1,200	\$ -	\$ 1,000
Miscellaneous Expenses	\$ 2,403	\$ 2,000	\$ 950	\$ 2,000
Printing & Office Supplies	\$ 9,347	\$ 10,000	\$ 13,636	\$ 12,000
Professional Fees - Accounting	\$ 3,797	\$ 4,000	\$ 7,170	\$ 9,000
Property Taxes - Lane Costs	\$ 752	\$ 800	\$ 1,118	\$ 1,200
Rental & Weddings	\$ 7,342	\$ 8,000	\$ 2,212	\$ -
Business Fees and Licenses	\$ -	\$ -	\$ 232	\$ -
Office Equipment	\$ -	\$ -	\$ 180	\$ -
Total Office Expenditures	\$ 28,612	\$ 32,000	\$ 30,552	\$ 32,300
Total Administration & Office Expenditures	\$ 129,923	\$ 149,500	\$ 193,225	\$ 167,300
Total Revenues	\$ 309,354	\$ 314,700	\$ 301,043	\$ 301,600
Less: Total Expenditures	\$ 404,212	\$ 469,200	\$ 472,259	\$ 484,750
Expenditures exceed Revenues	\$ (94,858)	\$ (154,500)	\$ (171,216)	\$ (183,150)

Report of the Board of Trustees

Role of the Trustees:

Trustees for Knox-Metropolitan United Church hold church property (i.e. land, building, investments, furnishings, equipment) in trust for the use and benefit of the Knox-Metropolitan congregation as part of The United Church of Canada. Responsibilities include: monitoring and proposing amendments to the church's investment policy; overseeing the professional management of the investment portfolio; ensuring that procedures are in place for maintenance and repair of church property; and ensuring that the church has adequate property and liability insurance coverage.

Activities of Trustees are governed by the church's governance document, federal and provincial statutes, The United Church's Trust of Model Deed, the Trustees' Handbook, the direction of the KMUC Board and other Courts of the United Church of Canada having jurisdiction.

Trust funds may only be accessed when approved by the congregation through the annual budget, or by resolution of the KMUC Board.

Board Member Changes and Reorganization:

- With regret we have accepted the resignation of Marianne Rever from the Board of Trustees. Marianne served on the Board of Trustees for many years. Her insights, commitment to the church and unfailing dedication to the work of the Trustees will be sorely missed.
- Carole Bryant was appointed to the Board of Trustees at the 2017 annual meeting and has been serving as the Trustees' representative to the KMUC Board
- David Calam serves as the Trustee representative on the newly formed Finance Committee
- Jim Garden has assumed the role of (interim) Chair of the Board of Trustees
- In addition to serving as Secretary, Barbara Shourounis, is leading a review of the investment policy and the relationship with RBC
- Bill Johnson has assumed responsibility for the church's insurance policy and is reviewing the policy for appropriateness, adequacy of coverage, liability insurance provisions, and contract arrangements with renters
- Alison Stickland is serving as (interim) Treasurer

Evolution of the Investment Portfolio:

- In 2002 the church received a remarkable gift from Dr. Gerry Evenden of 154 acres of farmland on the eastern outskirts of the city with an appraised value of \$385,000
- Nine years later, in 2011, the property was sold for \$4,000,000.
- In February 2012, the congregation endorsed the Future Planning Committee Report. The report charted a strategic plan of action and set out four funding initiatives to help the church overcome its challenges and move toward its vision of being a growing lively self-sustaining Christian presence in the center of our city.

- In October, 2012 An Investment Policy approved by the church Board provided for the establishment of a Trust Fund to be professionally managed with oversight and policy development by Trustees.
- On January 9, 2013 all existing trust funds and the proceeds from the sale of the Evenden property (\$4,165,599) was invested in a portfolio that is professionally managed by RBC Dominion Securities.

The Vision is Becoming a Reality

Guided by the vision, goals and strategies outlined in the Future Planning Report, significant progress is being made and positive change is occurring. Our congregation is growing. We are welcoming newcomers into all aspects of the life of the church. Many young families and children are involved in worship and a growing number of programs. Strong community connections are being made and mutually supportive relationships are being formed. Music is at the core of our being. We have welcomed and supported refugee families and are having conversations that matter about justice, diversity, reconciliation, spirituality and much more.

The Need for Financial Viability

While so much positive change is unfolding before our eyes, we continue to grapple with the rising costs of maintaining and operating our church building. Our expenses are greater than our income. We continue to draw on our investments to cover operational shortfalls. As the principal is eroded, so too is the earning power of the investments.

The practice of withdrawing from Trust Funds to bolster revenues is not sustainable. The church will not be able to achieve its goal of being a growing, self-sustaining Christian presence in downtown Regina (being there when the future comes) without a significant shift in financial arrangements.

The creation of the new Finance Committee in 2018 with accountability directly to the Board was a significant step in the right direction.

The congregation, the ministries, and our community partners are encouraged to recognize the need for financial viability and to continue making contributions in whatever ways they can.

With faith, courage and mutual support we can continue growing; participating fully in the life of the church and achieving financial goals while serving the needs of our community.

SUMMARY OF KMUC TRUST FUNDS (BANK)

TRANSACTION	CREDIT	DEBIT	BALANCE
Balance – Dec. 31, 2017			\$ 47,398
Credit Union Share			5
DEPOSITS			
Transfer from RBC	\$ 80,000		
2016 Ins Premium Overpayment	281		
Bequest (Bev Bennett)*	20,000		
Reimbursement – 2017 Budget Underexp	52,114		
Subtotal	\$152,395		\$152,395
TRANSFERS OUT TO KMUC/PAYMENTS			
2016 Ins Premium Overpayment		\$ 281	
Quarterly Payments (3 x \$39,375)		118,125	
Final Quarterly Payment (\$36,375)		36,375	
Final Pmt. To RAPM**		44,000	
Subtotal		\$198,781	(\$198,781)
Balance – Dec. 31, 2018			\$ 1,017

Notes:

*A \$20,000 bequest from the estate of Beverley Bennett was received in 2018

****Final Payment to RAPM**

- In 2015 the church gifted \$400,000 (10% of the proceeds from the Evenden property sale) to six organizations
- \$50,000 to each of Clare Parker Homes and United Church Housing Corporation
- \$100,000 to each of St. Andrew's College, Lumsden Beach Camp and Regina Anti-Poverty Ministry (RAPM)
- RAPM requested that \$12,000 be paid up front and that the balance (\$88,000) be maintained in the KMUC Trust Fund.
- A further \$44,000 was paid in 2017;
- The balance (\$44,000) was paid in 2018.

SUMMARY OF KMUC TRUST FUNDS (PORTFOLIO)

December 31, 2018

	U.S FUNDS in Cdn \$ Exch Rate = 1.3652%	CDN FUNDS	BALANCE
INVESTMENT RETURN			
Income Summary			
Interest	-0-	\$ 21,575	\$ 21,575
Dividends	\$ 31,775	35,428	67,203
Managed Fund Distributions		1,402	1,402
Income Subtotals	\$ 31,775	\$ 58,405	\$ 90,180
Change in Market Value	(\$ 127,798)	(\$ 108,864)	(\$ 236,662)
Total Investment Returns	(\$ 96,023)	(\$ 50,458)	(\$ 146,481)
CAPITAL REVIEW			
Beginning Portfolio Value	\$ 1,559,382	\$ 2,322,538	\$ 3,881,920
Deposits/Transfer Ins	-0-	113,634	113,634
Withdrawals/Transfer Outs	(119,856)	(80,000)	(199,856)

Total Investment Return	(96,023)	(50,458)	(146,481)
Ending Portfolio Value	\$ 1, 343,503	\$ 2,305,714	\$ 3,649,217

Rates of Return over 6 years:

2013	2014	2015	2016	2017	2018		6 y Avg
9.64%	6.67%	-0.82%	7.97%	7.35%	-0.86%		4.99%

Note:

RBC 2018 Management Fee = \$33,486 (.085% of investment portfolio)

Board of Trustees

Carole Bryant (KMUC Board Representative)	David Calam (Finance Committee Rep)	Reverend Cam Fraser
Jim Garden (Interim) Chair	Bill Johnson (Insurance)	Stuart Mann (inactive)
Bill Perkins	Barbara Shourounis (Secretary)	Alison Stickland (Interim) Treasurer

Ministry Council

Administration Ministry

Changes

The year 2018 saw many changes in the Ministry of Administration:

Erwin Jones died on April 13 and John Keeler died on December 27. Norman Brown and Stuart Mann both resigned from the Ministry. We thank all of them for their service.

Keith Rever resigned as Chair of the Ministry, and Gary Seib took over as Chair.

Finally, the creation of a new Finance Committee reduced the responsibilities of the Ministry.

Building Maintenance

A main responsibility of the Ministry is to oversee the care and maintenance of the interior and exterior of the church building. In 2018 we:

- removed trees and upgraded the landscaping along the south of the building west of the Victoria Avenue entrance
- purchased 100 new chairs and carts for them.
- improved accessibility at the handicapped door.
- With Hart's involvement, organized a work group that replaced all of the overhead lights in the sanctuary with LED bulbs. At the same time we took down, cleaned and put back the shades on the lights.
- Repaired the dishwasher in the kitchen, so that it no longer backs up.
- Repaired the door to the choir room after it was damaged in a break-in.
- Replaced the locks on the doors on the outer perimeter of the building. Hart and Janice distributed new keys to more than 100 building users.

Staff

During the year we reviewed job descriptions with staff and made changes to update them where required. In September, we engaged Aaron Balkaran as caretaker to replace Justin Prettyshield.

Rentals

Administration reviewed, with Janice and Hart, rental rates for use of space in the church building, and increased rates for some tenants.

In closing, I would like to thank all the members of the Administration Ministry for their support and assistance throughout the year: *Brian Brunskill, Jim Garden, Joan Garden, Stewart Graham, Phyllis Perkins, Keith Rever, Cam Fraser*

Respectfully submitted, Gary Seib, Chair

Use of Church Committee

Submitted by Stewart Graham, Chair, on behalf of Janice Diemert and Hart Godden.

Use of Church Committee continues as part of the Ministry of Administration.

Rental income once again made a significant financial contribution to our church revenues.

During the past year, we earned rental income of \$61,087.17 (including \$4,991.55 from 2017), a decrease of \$5,738.83 over the prior year. Unfortunately, we did not realize any wedding income this past year.

Expenses associated with rental income were \$4,670. Total net rental income was \$56,417.17 which represents some 18.7% of our total revenue for the year.

Our church is a wonderful venue that satisfies the rental requirements for a wide variety of tenants who find our location well situated and very accommodating. We have 28 regular renters and 21 occasional renters.

Each year we provide to the Regina Anti-Poverty Ministry (RAPM), without charge, office space, heat, light, maintenance, cleaning services, and parking, to a value of \$12,600.00

Major renters of space are the South Saskatchewan Youth Orchestra, Cecilian Chamber Series, Regina Taiji and Weight Watchers. We rent space to a number of 12 Step Program groups and this year the Regina Rotary Club celebrated their 78th annual Christmas Carol Festival at our church.

Janice Diemert and Hart Godden provide excellent support for our rental program and capably handle the various rentals in a most satisfactory manner.

Stewardship

Loving Our Neighbours & Neighbourhood

Our Stewardship Campaign for 2018 took place throughout the month of November. Over four Sunday's we had four speakers offer personal reflections about their time at Knox-Metropolitan United Church and what it has meant to them (thanks to Debra Burnett, Morgan Campbell, Vicki Nelson and David Calam).

Sermons during this month explored the story of Knox-Met as a Community of Faith and what it has meant to people, the United Church Mission and Service Fund and a call to look forward, preparing the way for the many wonderful things this community will continue to do in our neighbourhood.

The campaign can certainly be considered a success with many enthusiastic returns of our annual pledge sheets, new donors signing up for envelopes or joining the PAR (Pre-Authorized Remittance) program.

The Stewardship Campaign for 2018 was designed by Carol Schick, Vicki Nelson, David Calam, Debra Burnett and Cam Fraser.

Congregational Life

Pastoral Care 2018

Our team has grown again and we are pleased to now have 8 visitors from Knox-Metropolitan United Church, and all of us are now visiting our church friends, wherever they may be, dividing the list of homes between us, and going to the hospitals when we know someone is there.

As we do have several members living in the same residences we have held Tea Parties in a lounge there and visited them all together. We held our last one at College Park 1 just before Christmas and delivered all the Christmas trees at the same time!

We must still rely on family or friends to let the church know when someone is in a hospital as there was no other way to find this out. We ask for the same information if some one moves from their home.

After the Easter Service, those pots of daffodils, that had “sprung” out of the “desert” display, were delivered to 16 friends by Cathy Currey, Liz Ivanochko, Marianne Rever, Susan Etter and Evelyn and Robert Watson. It was a welcome taste of spring.

Our thanks go to all those who donated time and money to the “Christmas for Friends” donations. The trees and coffee cards were greatly appreciated. As were the delightful cards the children did for every tree that was to be delivered. (In fact two people requested “no tree, just the cards.”)

On December 6th we delivered: 30 Trees; 10 Tim Horton’s coffee cards (\$10.00); coffee cards or boxes of mandarins to our staff.

This is a delightful task but of course takes a large team to carry out. Our thanks to:

Susan Etter, Iris Carroll and Elizabeth Calam, who prepared the trees for delivery.

David Cawood, Bev Lundahl, Bob and Evelyn Watson, Shelleen Ross, Elizabeth Calam, Ray and Gloria Lutz, Marianne and Keith Rever, Susan Etter, Kate Johnson, Jean Korley, and Norm and Ethia Brown who delivered the 30 trees.

The children and leaders of the Church school who made all the cards that accompanied each tree.

Gales Florists (13th Avenue) for once again getting us such delightful little trees.

Christmas for Friends 2018

Donations \$563.00

Expenses \$426.00

Remaining \$137.00

After discussion it was decided that of this amount \$130.00 be used to purchase 13 more coffee cards for Cam to use as deemed needed to those who may need help. The remaining \$7.00 was put into the Christmas Eve collection for Outreach.

The final event of the year was the Memorial Service, held December 21, for those who had lost family members or friends during the past year and those wanting to remember others, especially at this time of the year. 50 people attended the quiet service held in the sanctuary, lit by the Christmas trees and candles. Afterward about 30 came to Centennial Lounge for a time for conversation and refreshments. We thank the Corman family for the wonderful dainties that they provided.

We also all thank the office staff for passing on any information received, and Cam for his support and the visits he is able to make when some one wishes to see him. And our thanks to the members of the congregation who quietly “unofficially” visit friends...in person or by phone. This is very welcome.

Our visiting team: Joan Baliko Elizabeth Calam, Kate Johnson, Liz Ivanochko, Ray and Gloria Lutz, Sharlene McGowan, Marianne Rever

Submitted by Elizabeth Calam

Forever....In Motion

The “Forever...In Motion” program was developed in Saskatchewan to help older adults become, and stay, physically active though volunteer led physical activity sessions. This program has been available in Regina for 6 years and is now at 44 sites in churches, senior’s homes and apartment buildings and community centres. “Forever...In Motion” sessions welcome men and women for gentle exercises encompassing warm up, strengthening, cardio, balance and flexibility.

Best of all, the program is free.

The program at Knox-Metropolitan United Church ran each Wednesday from September 19 to November 21. Elizabeth Calam and Iris Carroll led it, and we had 3-4 members attend each week.

Submitted by Elizabeth Calam and Iris Carroll - Forever...In Motion Leaders

Food and Fun

This year we were able to hold three events. These are always a great time to meet with one another, often those who we might otherwise see only on Sunday mornings.

The Spring Pot Luck on March 17 was a Celtic Evening, a celebration of Saint Patrick and St. David. It was an excellent meal and it was followed by Elizabeth Calam’s presentation “A Child’s Holidays in Wales”, stories of her times visiting her grandparents in that lovely country of her birth.

In the summer we were able to have the “annual” afternoon of lawn bowls and a BBQ at the Leslie Bowling Greens. 45 attended, with 15 bowling. And, though threatening, it did not rain!

The “Festive Feast” was in November and was again catered by Arben at Tracks Café, and we 65 friends all enjoyed our first turkey dinner of the season. As he does before each supper, Garth Solar played the piano as we gather and chat. After dinner Hart Godden, Holly Gilroy and Will Ireton charmed us all with wonderful music and song.

We were ready for Christmas!

None of these events could happen without the teams of 5-6 that help set up the tables, decorate the room and prepare the punch, coffee and tea for the suppers, and prepare the BBQ food for the lawn bowls. Fortunately, everyone helps with the cleanup.

We are grateful to all for this.

As we have now jumped into the 21st Century we are now making contact for our events by email (as well as in the bulletin and on-line notices). To do this we need email addresses...if you have not received an email from us and would like the information, please let me know.

Submitted by Elizabeth Calam

Word, Worship, Music and the Arts 2018

This has been another busy year and we have so many people from the congregation to thank for their help throughout the year. In fact, it is way too many to actually name individually.

Think about it...this is how many “people” helped throughout 2018

- 52 Sunday Services: requiring 312 greeters/ushers, and 52 readers
- 6 special services: Maundy Thursday, Good Friday, 3 Christmas Eve, 1 Memorial, needing 16 greeters/ushers, 38 readers, 75 choir members
- 9 Communion Services: it takes a total of 18 to prepare the elements and 40 to help serve.
- Decorating the sanctuary: 20 either assisting Deanna Zak throughout the year, or helping with the Christmas decorating, and removal, both upstairs and lower hall.
- Choir: 40 services; totaling 800 Singers (also at 3 special services, see above)
- Junior choir: sang at 5 services; approx. 10 singers each time (imagine how many parents, grandparents, cousins and aunts and uncles also came!).
- Knox-Met Brass: played at 6 services; totaling 36 musician performances (all members for Knox-Metropolitan)
- Pulpit Supply: during the past year we welcomed 12 church members to lead our services when Cam has been away on holiday or study leave (or the birth of a new baby). There were also several guests who shared time with Cam during our services.

We also had other musicians, many not from our congregation:

- Queen City Brass Band: played for 2 services, approx. 30 musicians each time
- Soloists: 10 at several services throughout the year

So as you can see it takes many folk to make sure our services at Knox-Metropolitan run smoothly and meaningfully.

The Ministry of Word, Worship, Music and the Arts wishes to thank:

Ev Mazurkie, who for many years has prepared our communion elements and “set” the communion table. Ev has now decided that the time has come to let this go. We thank her for this ministry she has so quietly done. I am pleased to say she is not leaving WWMA. (If you are interested in joining a “team” to share this task please contact anyone from our Ministry.)

Alison Stickland who coordinates the lists of readers for each Sunday.

Hart Godden and the choirs for their gifts of music;

Janice Diemert, for helping us care for our budget expenses, and the help and support she gives us from the office;

Vicki Nelson who has taken over the coordination of the weekly Greeters and Ushers;

Aaron Balkaran, who helps us when needed

Cam Fraser, for his encouragement, and guidance, to us all throughout the year.

And of course all those from our “church family” for helping whenever asked. It is greatly appreciated!

Ministry members: Elizabeth Calam (Chair), Kate Johnson, Deanna Zak, Ev Mazurkie, Donna Jones, Liz Ivanochko and Cam Fraser. Submitted by Elizabeth Calam

We meet the second Wednesday of each month from September to May (though this can vary as necessary) to plan our weekly and special services.

If you are interested in joining our Ministry, or just have questions, please speak with any of our members. You would be very welcome!

Expenses for 2018 (at the time of writing this report):

Budget	\$7,000.00
Expenses	\$5,522.00

Flower Fund 2018

Received	\$670.00
Expenses	\$395.29



Children and Youth Programming

2018 was a year of growth within Children and Youth Programming here at Knox-Metropolitan United Church. We saw growth in all age groups and new and exciting program formats for Sunday Morning and beyond.



We began the year with an arts-based curriculum that incorporated visual and dramatic arts for our school aged classes. Our Sprouts (pre-schoolers and K) continued to explore through play based learning.

September saw the beginning of CGIT (Canadian Girls in Training) here at the church. We were excited to join their initiation ceremony and to have their beautiful Advent Vesper service offered in the Sanctuary.

Spirituality and Parenting Circles continue to bring parents of young ones together for open and honest conversation about faith, ethics and wrestling big questions with little humans.

Friday Night Youth Events started in the fall of 2018 for young people in grades 5-9 to gather for safe, fun, creative community connection over pizza, movies, and games. 10-25 folks have joined the fun on one Friday evening a month.

A major development in our Children and Youth Programming has been bringing aboard paid helpers from the Lumsden Beach Camp staff on for Sunday Morning and other activities. This has relieved volunteer stress and added much appreciated energy to the programs!

LBC in the City Day Camps have continued and are picking up steam with great groups gathering on PD Days for creative programming at the church.

In 2019, the major developments will be the hiring of a part-time Children and Youth Programming Lead, the creation of an additional class to move from 3 to 4 age appropriate groups, a re-visioning and planning for cosmetic improvements to the Programming Spaces for these groups, as well as developing methods for building connections between Children's Programs and older adult types with the church. Stay Tuned for more!

Outreach and Social Action Ministry

The KMUC Outreach and Social Action Ministry meets the second Wednesday of each month at Knox-Metropolitan United Church (KMUC). Anyone can join – a good way to learn more about activities of this ministry is to drop in at one of the meetings. This report outlines many of the 2018 Outreach activities.

Many Outreach activities are done by working in relationship with groups and organizations already dedicated to helping others. These activities include:

1. Carmichael Outreach – The clean, empty food containers to support the food security program dropped off by members of the congregation are taken over to Carmichael weekly, as well as the food and clothing donated on Carmichael Sunday – the fifth Sunday of a month.
2. Inter-denomination Sunday Lunch Auxiliary (ISLA) – Two Sundays a year sandwiches provided by the congregation are taken to Salvation Army Waterston Centre on Osler Street. Waterston Centre provides support to men who are facing various challenges in life, including but not limited to homelessness issues, mental health struggles, troubles with the law, developing living skills and more.
3. Community-4-Connection – In November Four Directions Health Centre sponsors a one-day health fair at KMUC to provide health and social services information to folks from the downtown community.
4. Lumsden Beach Camp – KMUC offers support for two children to attend Lumsden Beach Camp (LBC). LBC is a United Church camping ministry fostering relationships, leadership, environmental stewardship and a connection to nature in a safe, inclusive and sustainable community.
5. Regina Homelessness. KMUC provides a hamper of household utensils and items to help homeless individuals transition into their own living space (new apartment).

Outreach provides support for social justice issues and to build positive connections with the community:

1. Hosting tea and coffee for the Colten Boushie protesters after their vigil at the Court House across from the church.
2. Hosted tea and coffee for the Carmichael Outreach Christmas dinner at Knox Metropolitan United Church.
3. Provide support to ensure all in the community who wish can attend the Knox-Met Christmas meal in November.
4. Peace Garden - Outreach works with members of Peace Quest to maintain the Peace Garden on the south side of the church. In 2018 the Peace Garden was extended to the west.

Members: Amanuel Abraha, David Cawood, Evelyn Gay, Greg Horsman, Bob Ivanochko, Bill Quick, Harold Alkema, Joyce Wells, Debbie Mayer, Cesar Gonzalez, Donnie Wood

Submitted by Greg Horsman.

Refugee Committee

The Refugee Committee members were: Amanuel Abraha, Emily Buena, Dessie Gebreyesus, Maskel Minni, Rod Nenson, Bill Quick, Girma Sahlu, Yrgalem Tesfay with Bob Ivanochko as Chairperson and Marlene Wirachowsky as Secretary.

The committee met 8 times and interviewed 23 individuals or families who requested our assistance to co-sponsor relatives or friends who are refugees. Knox-Met and the co-sponsors are responsible for the settlement costs and assistance in the integration of the refugees for their first year in Regina. Most of those requesting our help are able to cover the full cost of the first year of settlement in Regina as well as their integration into Canadian life.

In 2018 we selected 9 of these requests to co-sponsor refugees. We requested and received approval of the Board to co-sponsor 8 requests for single persons and one request for a family of four. In one of these cases Knox-Met will be responsible for one quarter of the settlement cost (approximately \$4000). We worked with the requesting families to complete the required documents and sent them to the Refugee Office of the United Church Office in Toronto. These files are in the backlog at the Refugee Office. The Refugee Office has forwarded our two requests from 2017 to the Canadian Immigration office.

We have selected another group of 6 requests that we would like to help but have not had time to complete the required paperwork.

We are very pleased that Rehab Mesfin and Ayoub Mahery arrived in Regina on December 27. They were linked to the Legesse family request that we have been working on since 2010. The Legesse family have accepted responsibility for their settlement needs.

We would like to thank the Outreach and Social Action Ministry for their fundraising assistance and to the individuals who donate to the Refugee Fund.

Affirming Ministries Group

At the Annual Meeting in March 2017 the congregation approved a motion that Knox-Met begin the process of exploring whether to become an affirming ministry, and the group was charged with leading this process.

This group is made of:

Karen Haggman

Gary Seib

David Cawood

Monique Poisson-Fast

Aaron Balkaran

Julian Wotherspoon (joined winter 2019)

Helping the group:

Carol Schick (Chair of the Board)

Cam Fraser (Minister)



On request of the Board, this group did not offer any major congregation events or conversation because of the number of things happening elsewhere (i.e. Future Planning and JNAC) but held regular meetings inviting questions and conversations with individuals within the congregation.

During Pride Week, the church sign showed a message of acknowledgement and healing – For Hurts Caused By Churches We Are Sorry QC Pride 2018. After being up for one evening, this sign was taken down by an unknown person and this story was featured on the local news. However, we did find enough letters to put it back up and it stayed for the remainder of the Pride Week Festivities including the parade where it garnered much attention.

The Affirming Group also assisted in two Pride events in addition to marching in the parade – they provided a coffee reception for Colours: the diversity project – A Concert in Celebration of Diversity featuring the The QuarterTones Flute Ensemble; Gordon Gerrard and David L. McIntyre, piano; Joshua Hendrickson, piano & bass-baritone, and Linda Yablonski, dance. The Affirming Group also supported a Prayer Retreat on the final night of Pride Week offered by the Rainbow Rosary Prayer Circle, an Affirming Ministry linked to the Franciscan tradition.

In 2019 the group will be offering more public conversations. While the group will not be presenting a motion to vote on officially becoming an affirming ministry at the annual meeting in 2019, they will be offering an update to the congregation.

Book and Music Sale

The annual Book and Music Sale took place on Friday, April 20 and Saturday, April 21.

To make room for the increasing number of books we receive, we set up a new fiction section in Room 104 ably managed by Evan Mazurkie. This left more room in the Lower Hall for nonfiction books, DVDs, CDs and vinyl records, plus games and puzzles, which were new to the sale.

The Lower Hall was also home to bake sale table coordinated by Phyllis Perkins and the lunch café run by the Refugee Committee.

Unsold items were distributed to the Salvation Army Thrift Store, the Indian Métis Christian fellowship, Transition House, Value Village, the Log House and the United Way. As in past years, Chief Justice Robert Richards took all of the fiction paper backs for distribution to the inmates of the provincial jails.

Profits from the sale continue to rise year by year:

	2018	2017	2016
Books and music	9,296	8,650	6550
Bake sale	414	450	
Total	\$9,710	\$9,100	

\$550 was raised from the lunch cafe which goes to the Refugee Fund.

Thanks to all of the volunteers for their hard work over the four days of setup and sale.

Respectfully submitted, Barbara Shourounis

Flea Market

The annual Flea Market was held on Saturday, September 29th.

Volunteers began setting up tables on Wednesday morning. With the help of many more volunteers who worked hard through Wednesday, Thursday and Friday unpacking and sorting the many donations, the church was transformed into a large department store ready for the sale on Saturday.

A large, enthusiastic crowd enjoyed shopping for the many bargains to be found and appreciated all the efforts made to sort and display the thousands of donations.

A total of \$6,850.00 was raised. All unsold items went to the Indian and Metis Christian Fellowship on Dewdney Avenue.

Members of the Ministry of Outreach and Social Justice provided a tasty lunch in the upstairs gym, with proceeds going to the Refugee Fund.

Thank you to all who gave of their time and effort to make this such a successful and enjoyable event.

Respectfully submitted, Kate Johnson

Art, Craft and Trade Fair

The 2018 Art, Craft and Trade Fair was a very successful and fun filled event. The Lower Hall was a shopper's delight filled with high quality art and hand crafted items. Trade merchandise was in Room 104.

Table rentals totaled \$2,130 and lunch sales were \$733. Forty vendors took part in the event. As one vendor said, "I will be back next year if only for the lunch".

Thank you to all who helped in any way. Each of you contributed to a very successful event.

Respectfully submitted, Phyllis Perkins



LUMSDEN
Beach Camp

mini- ANNUAL REPORT

isko pîsm ka-pê-sa-ka-wêt

As long as the sun shines

Summer Highlights

The summer of 2018 went about as smoothly as you can hope for. LBC welcomed back many of the same staff from 2017. Camper numbers were up. The weather (though hot), was calm, and the building and site held up well.

The camp—with help from our friends at Scott Collegiate—established garden beds (that, unfortunately the deer loved), and a honey bee hive. As the hive grows, the dream is to have honey to share with volunteers and guests in the coming years.

Adventurous Journey was a new program for 14-18 year olds. This session was put on in partnership with the Duke of Edinburgh Award, and campers spent the entire session off-site, sleep, exploring and cooking outdoors.

Speaking of cooking, summer 2018 saw eight different people serve as LBC's Head Cook. While ideally the camp would have one person (or team) hold the position all summer, we are very grateful for these 8 hardworking humans that kept the ovens on, and campers smiling.



2018 By the numbers

- 384 campers
- 10 families at Family Camp
- 123 campers at Day camps
- 45 campers received some level of financial assistance
- 100% of camper families surveyed indicated that they would recommend LBC to friends or family
- 98% of campers indicated that they had a positive experience (83% gave their time at LBC an A+)



Financial Highlights

- In 2017-18 LBC had an operating surplus of \$2,408
- Thanks to individual and congregational donations, along with funds raised at the Banana Sprint, LBC re-shingled the Dining Hall roof and added much needed ventilation. Additionally, two more camper cabins received new floors. This work cost \$14,000.

Clare Parker Homes



Clare Parker Homes (CPH) has had a busy year. CPH opened its sixth home in May 2018. This allowed 3 men to transition from Valley View Centre to the Regina community. Along with this CPH has expanded the Community Inclusion Program (quality of life day program) to support all of our homes. In early 2019, CPH will be working with the Ministry of Social Services to support 2 additional homes for people transitioning out of Valley View Centre.

Community Inclusion supports 12 people in various opportunities. 3 people have gained paid employment through Community Inclusion and the Supported Employment Transitions Initiative (SETI) grant at Harbour Landing Village, Tom's Independent Grocers and ReStore. Some of the people we serve spend time volunteering at REACH (Regina Education & Action on Child Hunger), and as a result we have been able to establish a valued place for these volunteers.

Early in 2017, the agency began working with the Ministry of Social Services to develop a replacement plan for one of our older homes in which 5 people reside. We are happy to report that this home will be rebuilt on site by summer 2019. The people were transitioned in October 2018 to other homes within CPH.

CPH continues to strengthen the focus on person-centred care in order to increase quality of life for the people that we serve and develop a greater community presence.

The broad mix of professional, church, family and community board members ensures that all aspects of issues are considered, with spirited discussion lending itself to sound decision making.

Through partnerships with Saskatchewan Polytechnic, Chip & Dale Homes and Citizen's All (Moose Jaw) we continue to be able to bring the Disability Support Worker Certificate program to Regina to better educate our employees. The agency has partnered with Bed, Bath and Beyond and the Good 360 program in order to receive donations for Household items regularly.

In summary, in 2018 we operated 6 homes, with 23 residents, and with additional service contracts provide care services for 33 individuals. With the opening of two additional homes in 2019, our services will reach 42 individuals from 40 families.

Upon reflection, we continue to be blessed by all the staff, volunteer, and family commitment in support of our agency. We look forward to continued enhancements and improvements during 2019.

Respectfully submitted,

Rosa Smith,

Executive Director

The New Creed

We are not alone,
we live in God's world.

We believe in God:
who has created and is creating,
who has come in Jesus,
the Word made flesh,
to reconcile and make new,
who works in us and others
by the Spirit.

We trust in God.

We are called to be the Church:
to celebrate God's presence,
to live with respect in Creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus, crucified and risen,
our judge and our hope.

In life, in death, in life beyond death,
God is with us.
We are not alone.

Thanks be to God.

